

# THE WORD HAND

1. Read 2 Timothy 3:16-17 and Discuss
2. Draw the hand diagram (you can trace your own hand if needed)
  - Fill in each word on the hand and look up the verses.
  - Discuss the value of each aspect of learning God's Word.
  - Discuss how meditation relates to each of the other aspects
3. Apply:
  - Ask them which of these things they are not currently doing.
  - Help them create a plan.

